



HILLSDALE ACTIVITIES HILLSDALE NOVEMBER 2023

LIVING LIFE WELL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>10:00 Light & Lively Exercise 10:30 Coupon Clipping 11:00 Relaxation & Refreshments 1:30 Card Games 2:00 Fun Trivia 3:00 Social Gathering 4:00 Name These Animals 6:00 Family Movie</p>	<p>2</p> <p>0:00 Morning Stretch Exercise 10:30 Fun Coloring 11:00 Relaxation/Refreshments 1:30 Short Stories 2:00 Parachute Fun 3:00 Social Gathering 4:00 Sing-A-Long 6:00 Family Movie</p>	<p>3</p> <p>10:00 Nature Walk Outside 10:30 Floral Arrangements 11:00 Relaxation/Refreshments 1:30 Aromatherapy 2:00 Getting To Know You 3:00 Social Gathering 4:00 Toss Ball 6:00 Family Movie</p>	<p>4 Spaghetti Day</p> <p>10:00 Balloon Volley Exercise 10:30 Matching Items 11:00 Relaxation/Refreshments 1:30 Discussion On Water Melon 2:00 Baking Cookies 3:00 Social Gathering 4:00 Poetry Corner 6:00 Family Movie</p>	<p>5</p> <p>10:00 Colorful Scarves & music 11:00 Relaxation/Refreshments 1:30 Arts & Crafts 2:00 The Grocery Game 3:00 Social Gathering 4:00 Pictionary Game 6:00 Family Movie</p>	<p>6</p> <p>10:00 Beauty Hour 11:00 Relaxation/Refreshments 1:30 Bible Study 2:00 Sing-A-Long 3:00 Happy Hour 4:00 Color Your Stress Away 6:00 Family Movie</p>	<p>7 Hair Care Day</p> <p>0:00 Sit & Fit Exercise 10:30 Coffee Klatch 11:00 Relaxation/ Refreshments 1:30 Table Games 2:00 Book Club (Short Stories) 3:00 Social Gathering 4:00 Sing-A-Long 6:00 Family Movie</p>
<p>8 NAIL CARE DAY</p> <p>10:00 Light & Lively Exercise 10:30 Coupon Clipping 11:00 Relaxation & Refreshments 1:30 Card Games 2:00 Fun Trivia 3:00 Social Gathering 4:00 Family Movie 6:00 Name These Animals</p>	<p>9</p> <p>10:00 Morning Stretch Exercise 10:30 Fun Coloring 11:00 Relaxation/Refreshments 1:30 Short Stories 2:00 Parachute Fun 3:00 Social Gathering 4:00 Sing-A-Long 6:00 Family Movie</p>	<p>10 Music W. Maggie</p> <p>10:00 Nature Walk Outside 10:30 Floral Arrangements 11:00 Relaxation/Refreshments 1:30 Aromatherapy 2:00 Getting To Know You 3:00 Social Gathering 4:00 Family Movie 6:00 Toss Ball</p>	<p>11 Nature Walk</p> <p>10:00 Balloon Volley Exercise 10:30 Matching Items 11:00 Relaxation/Refreshments 1:30 Discussion On Water Melon 2:00 Baking Cookies 3:00 Social Gathering 4:00 Poetry Corner 6:00 Family Movie</p>	<p>12</p> <p>10:00 Colorful Scarves & music 11:00 Relaxation/Refreshments 1:30 Arts & Crafts 2:00 The Grocery Game 3:00 Social Gathering 4:00 Pictionary Game 6:00 Family Movie</p>	<p>13</p> <p>10:00 Beauty Hour 11:00 Relaxation/Refreshments 1:30 Bible Study 2:00 Sing-A-Long 3:00 Happy Hour 4:00 Color Your Stress Away 6:00 Friday Matinee</p>	<p>14</p> <p>10:00 Sit & Fit Exercise 10:30 Coffee Klatch 11:00 Relaxation/ Refreshments 1:30 Table Games 2:00 Book Club (Short Stories) 3:00 Social Gathering 4:00 Sing-A-Long 6:00 Family Movie</p>
<p>15</p> <p>10:00 Light & Lively Exercise 10:30 Coupon Clipping 11:00 Relaxation & Refreshments 1:30 Card Games 2:00 Fun Trivia 3:00 Social Gathering 4:00 Family Movie 6:00 Name These Animals</p>	<p>16 Music W. Lenny</p> <p>10:00 Morning Stretch Exercise 10:30 Fun Coloring 11:00 Relaxation/Refreshments 1:30 Short Stories 2:00 Parachute Fun 3:00 Social Gathering 4:00 Family Movie 6:00 Sing-A-Long</p>	<p>17</p> <p>10:00 Nature Walk Outside 10:30 Floral Arrangements 11:00 Relaxation/Refreshments 1:30 Aromatherapy 2:00 Getting To Know You 3:00 Social Gathering 4:00 Toss Ball 6:00 Family Movie</p>	<p>1</p> <p>10:00 Balloon Volley Exercise 10:30 Matching Items 11:00 Relaxation/Refreshments 1:30 Discussion On Water Melon 2:00 Baking Cookies 3:00 Social Gathering 4:00 Poetry Corner 6:00 Family Movie</p>	<p>19 SPA DAY</p> <p>10:00 Colorful Scarves & music 11:00 Relaxation/Refreshments 1:30 Arts & Crafts 2:00 The Grocery Game 3:00 Social Gathering 4:00 Pictionary Game 6:00 Family Movie</p>	<p>20</p> <p>10:00 Beauty Hour 11:00 Music with Marjorie 1:30 Bible Study 2:00 Sing-A-Long 3:00 Happy Hour 4:00 Color Your Stress Away 6:00 Friday Matinee</p>	<p>21 Hair Care Day</p> <p>10:00 Sit & Fit Exercise 10:30 Coffee Klatch 11:00 Relaxation/ Refreshments 1:30 Table Games 2:00 Book Club (Short Stories) 3:00 Social Gathering 4:00 Sing-A-Long 6:00 Family Movie</p>
<p>22 NAIL CARE DAY</p> <p>10:00 Light & Lively Exercise 10:30 Coupon Clipping 11:00 Relaxation & Refreshments 1:30 Card Games 2:00 Fun Trivia 3:00 Social Gathering 4:00 Name These Animals 6:00 Family Movie</p>	<p>23</p> <p>10:00 Morning Stretch Exercise 10:30 Fun Coloring 11:00 Relaxation/Refreshments 1:30 Short Stories 2:00 Parachute Fun 3:00 Social Gathering 4:00 Sing-A-Long 6:00 Family Movie</p>	<p>24</p> <p>10:00 Nature Walk Outside 10:30 Floral Arrangements 11:00 Relaxation/Refreshments 1:30 Aromatherapy 2:00 Getting To Know You 3:00 Social Gathering 4:00 Toss Ball 6:00 Family Movie</p>	<p>25 Music W. Maggie</p> <p>10:00 Balloon Volley Exercise 10:30 Matching Items 11:00 Relaxation/Refreshments 1:30 Discussion On Water Melon 2:00 Baking Cookies 3:00 Social Gathering 4:00 Poetry Corner 6:00 Family Movie</p>	<p>26</p> <p>10:00 Colorful Scarves & music 11:00 Relaxation/Refreshments 1:30 Arts & Crafts 2:00 The Grocery Game 3:00 Social Gathering 4:00 Pictionary Game 6:00 Family Movie</p>	<p>27 Nature Walk</p> <p>10:00 Beauty Hour 11:00 Relaxation/Refreshments 1:30 Bible Study 2:00 Sing-A-Long 3:00 Happy Hour 4:00 Color Your 5:00 Family Movie 6:00 Family Movie</p>	<p>28</p> <p>10:00 Sit & Fit Exercise 10:30 Coffee Klatch 11:00 Relaxation/ Refreshments 1:30 Table Games 2:00 Book Club (Short Stories) 3:00 Social Gathering 4:00 Sing-A-Long 6:00 Family Movie</p>
<p>29</p> <p>10:30 Coupon Clipping 11:00 Relaxation & Refreshments 1:30 Card Games 2:00 Fun Trivia 3:00 Social Gathering 6:00 Family Movie 4:00 Name These Animals 6:00 Family Movie</p>	<p>30</p> <p>10:00 Morning Stretch Exercise 10:30 Fun Coloring 11:00 Relaxation/Refreshments 1:30 Short Stories 2:00 Parachute Fun 3:00 Social Gathering 4:00 Sing-A-Long 6:00 Family Movie</p>	<p>31 Halloween Party</p> <p>10:00 Nature Walk Outside 10:30 Floral Arrangements 11:00 Relaxation/Refreshments 1:30 Aromatherapy 2:00 Getting To Know You 3:00 Social Gathering 4:00 Toss Ball 6:00 Family Movie</p>				